Don't just ride, Bike MS

BIKE MS: WAVES TO WINE 2014: TEAM VILLAGE GUIDE





Welcome to the Jeam Village!

IT IS OUR HONOR TO INVITE YOU TO JOIN US AT THIS YEAR'S TEAM VILLAGE

We know it takes many people to pull this ride together. From the volunteers that assist you, to the donors who write the checks, to the family members who support your training and fundraising, to those with MS who motivate and inspire... so many individuals working together toward a world free of MS.

And what better way to celebrate your team's accomplishment than to gather these individuals under one tent at the ride to toast your team's victory! This is what the Team Village is all about. This Team Village Guide is here to assist you in putting together your team's tent. If you have questions not answered here, please contact us at 415.230.6678 or info@wavestowine.org and ask for your team coach: Liz, Samara or Katrina.



WHAT IS TFAM VILLAGE?

Team Village is the center point of the Bike MS celebration site and a gathering place for teams and team members. Each team that chooses to participate will have their own tent in the Village for their team members, family members, co-workers and friends to enjoy.

HOW IT WORKS

Teams rent tents, tables & chairs through the National MS Society, which are set up for the teams in the Team Village. The rest is up to the individual team. Teams can get donations of food, solicit massage therapists, incorporate decorations and much more.

Logistics for Team Village set-up/take down will be provided to your Team Tent coordinator one week prior to the event and staff is available to answer questions and provide assistance as needed. For questions, contact info@wavestowine.org.

Read below to find out more about the advantages of the Team Village!

TEAM COMMITMENT

The back of this Guide has all associated costs with tent and supply rentals plus a form to be completed and returned with payment by August 22, 2014.

NEW TEAMS (1st year riding Bike MS) — By August 23rd, commit to raising \$12,000 and receive a 10x10 team tent with one table & 10 chairs. You may add on additional supply items through the rental form.

RETURNING TEAMS — Commit to increasing your team fundraising revenue 10% over your 2013 fundraising total and receive a 10x10 team tent with one table & 10 chairs. You may add on additional supply items through the rental form. You may also apply the cost of the 10x10 tent to the rental of a larger size. (*Prior year total must be \$4,500 to qualify)

ADVANTAGES

- Centrally located: Team Village is the centerpiece of the Bike MS celebration site, so your team will have easy access to all the amenities.
- Generate excitement around your team, your supporters, your company and the Bike MS event.
- Provide a leadership role to a team volunteer as the "Tent Captain" who is responsible for organizing a group of volunteers who will choose the. theme and decor; and planning special perks like great snacks & drinks, comfy chairs, your very own massage therapists and much more!
- Involve families of team members and co-workers by having them volunteer to host the tent.
- Allow team sponsors to be present in the tent to hand out their products, coupon or flyers for their business.
- Show your team spirit and personality by decorating your tent. There are even team tent awards!



BUILDING YOUR TEAM VILLAGE CREW

To ensure a successful Team Village tent, the first thing you need to do is get some assistance! As a team captain, you are very busy recruiting riders, training, and building your team, so building the tent is a job to be shared with others! Do you have co-workers, friends or family that would like to be involved, but don't ride? Ask them to take on these important volunteer activities.

SUGGESTED VOLUNTEER POSITIONS

- TENT CAPTAIN: The tent captain is the heart and soul of a good tent and their work begins long before the event, with meetings of lead volunteers and organizing activities. Overall the captain coordinates all the activities in and around your tent and leads volunteers. This person should be organized and enthusiastic. The best team tent captains are not cyclists, but those who support your team and will be available the day of the ride.
- VOLUNTEER COORDINATOR: Helps the tent captain recruit volunteers for the event, communicates volunteer jobs clearly, organizes the volunteers on the day of the event and provides t-shirts for the volunteers so they are easily identifiable.
- FOOD AND BEVERAGE COORDINATOR: While Bike MS has plenty of food & beverage (six full meals + snacks) over the weekend, your team may want some special snacks or themed menu.
- DÉCOR COORDINATOR: The most creative job in the bunch! Decides on a theme, organizes decorations and communicates the theme to all others involved.
- TRANSPORTATION: Because your team will need to transport all of your own decorations and food, you will need someone to transport or coordinate the transportation of all your tent supplies.
- CHEERING SECTION: Never underestimate the power of hearty congratulations, a big smile and a round of applause greeting a rider as they cross the finish line and join their team in the village. Bring the bubbles, noisemakers and lots of energy for this fun and festive job!

THINGS TO BRING

- Arrange for your own team massage therapist. If you weren't the best captain already, you will be now!
 - Please note: Teams who use their own medical or massage therapist do so at their own risk, and the Society assumes no liability for these services.
- Decorations for the "Best Tent" decorating contest
- Disposable cameras and/or video cameras

- Noisemakers to welcome your teammates as they arrive from the ride
- Rent your own port-a-potty (pricing on back page)

FOOD & MENU ITEMS

Bike MS is a fully supported event with six full meals and rest stops. However, your team may enjoy some specialty items that you will want to provide. Pack some treats for your team to enjoy while you are hanging out in your tent.

- Go with your theme: A Hawaiian theme begs for pineapple and roast pork, while a Western theme would suggest a barbeque.
- Sandwich Bar: complete with buns, deli meats and cheeses, and all the fixings
- Sweets! Bring brownies, cupcakes, cookies or candy for dessert.
- Beverages and ice
- Or, take a load off and have your meals catered!
- For your team's digestive health please make sure that hot food stays hot and cold food stays cold.

TFAM VILLAGE AWARDS

All competitions will take place Saturday afternoon. A team of volunteers will determine the Best Team Tent Awards. The Best Jersey Awards will be determined at the Fashion Show Saturday afternoon. Let us know you will be participating by sending an email to info@wavestowine.org. Winners will be chosen by the most cheering/roar of the crowd.

- Best Team Tent Corporate
- Best Team Tent Friends & Family
- Best Jersey Corporate
- Best Jersey Friends & Family

GOOD NEIGHBOR POLICY

There is limited space in the Team Village, and we want to make sure everyone has a comfortable, fun and relaxing experience. We ask that your team please adhere to the following good neighbor policies.

- Reserve early. Team Village tents will sell out early.
- Quiet time begins at 8 PM. That means shutting down generators too.
- No open fires (i.e. bonfires) allowed.
- No roping off the space around your tent.
- It is each team's responsibility to clean up all decorations before Sunday at 4:00 p.m. The National MS Society is not responsible for lost or stolen items.
- Please keep trash and other items out of the main walkways and thoroughfares.
- Tent Captains will be emailed detailed instructions & time slots for set-up and take down. After unloading, all vehicles need to return to the designated event parking area.
- Do not set up private sleeping tents next to the team tent. Sleeping tents need to be located in the designated camping area only.

Jeam Jent Reservation Form

Please return this form by Friday, August 22nd. Space is limited, so we encourage you to make your tent reservation as soon as possible. Please contact us if you have any questions.

Estimated Rental Costs (Pricing includes tax, set up and delivery and is subject to change)

10x10 tent - \$200 10x20 tent - \$375 20x20 tent - \$425 30x30 tent - \$825	8' rectangular table - \$12 30" cocktail table - \$15 60" round table - \$12 Chairs - \$2 ea.	Portable toilet - \$8 Accessible portab Electricity - TBD		
Tent Reservation Form	r Due August 22, 2014			
Team Name:	Team Cap	aptain Name:		
Tent Coordinator Name (if diff	ferent than Team Captain):		Phone:	
Tent Coordinator Email:		Tent Size □10x1	D □10×20 □20×20 □30×30	
ITEM	PRICE PE			
Portable toilets (regular)	\$85			
Portable toilets (accessible)	\$100			
Tables (8' Rectangular)	\$12			
Tables (30" Cocktail)	\$15			
Tables (60" Round)	\$12			
Chairs	\$2 ea		_	
Tent	see abov	e		
Electricity (additional cost to be	e determined) □ Yes □ No	SUB	TOTAL	
than their 2013 team fundraisi expense. To participate in this New Teams- You Can Receiv	ng total. The cost of the 10x10 te opportunity check this box, return YES! My team would like to (*Prior year total must be \$4 to a Free Tent: New teams can revery person living with MS in No	ent can be applied to rn this form and you participate in 10x 1,500 to qualify) eceive a FREE 10x10 orthern California. T	10 for 10% Team Village tent by committing to oparticipate in this opportunity check	
below. Teams that do not reac	h their fundraising goals (10 \times 10	for 10 returning tea	se fill out the credit card information Im commitment or the New Team \$12,000 are due upon agreement receipt.	
Team Captain's Phone Number	r	E-mail Address		
Name on Credit Card	Mailing	g Address		
My payment of \$is	enclosed via □ Check □ VISA □	■ MasterCard □ AN	ИX	
Card number	Exp. D	PateVe	erification number #(card back)	
	d for all credit card charges)			

Contact: Samara Rivers Phone: 800-344-4867, press 2, then ext. 73017 Fax: 415-230-6652 E-mail: samara.rivers@nmss.org