HTML

Don't just ride, Bike MS

What's New in 2014

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Your Participant Center



Fundraising Tips from Top Fundraisers

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Hello cyclists!

We've got three months until Bike MS: Waves to Wine and we're so excited! We've got lots of new info to share, so here we go:



Avoid the Lines at Packet Pickup

Don't wait in line - we'll mail your rider packet to you! Turn in your \$350 fundraising minimum by August 31st and we will mail your rider packet to you by September 4th!



New Route for 2014

We listened to your feedback and we're excited to announce that the ride will begin from Cow Palace and go up the Great Highway, through the Presidio to the first rest stop, and continue across the Golden Gate Bridge. Check out the routes online!



Your Waves to Wine Jerseys

Check out the three new Waves to Wine jerseys: <u>official event jersey</u> (raise \$1,000), <u>Top Fundraiser jersey</u> (raise \$2,500), and the <u>Cabernet Club jersey</u> (raise \$10,000).



2014 Safety Quiz

We want all riders to be safe at Waves to Wine. Take our Safety Quiz to become safety certified and you'll receive this cool dog tag! <u>Click here to take the safety quiz.</u>



Thank You to Our Sponsors

Waves to Wine would not be possible without the generous support of our corporate sponsors and partner bike shops. Click here to see who our sponsors are.



Rookie Rider Parties

Attending a Rookie Rider party is a great way to learn about the event and the route, get fundraising tips, network with other cyclists, learn how to navigate the My Account tool, and more!

- San Francisco: Presidio Sports Basement on Wednesday, July 23rd from 6:00
 PM 7:30 PM. Click here to RSVP.
- South Bay: Sunnyvale Sports Basement on Wednesday, July 30th from 6:00 PM 7:30 PM. Click here to RSVP.



Where the Money Goes

Money raised at Waves to Wine funds programs and services for the 12,000 Northern Californians living with MS, as well as MS research happening locally.

- See where your dollars are spent.
- Learn about the I Ride with MS Program, which supports our riders living with MS
- Read about MS research happening in Northern California

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National Multiple Sclerosis Society | 733 Third Avenue | New York, NY | 10017

Contact us at: http://www.nationalmssociety.org/ or 1-800-344-4867.

This message was sent to jennifer.gaw ler@nmss.org. To ensure that you continue to receive our emails, please add us to your address book.



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Click here to take the safety quiz. http://www.surveygizmo.com/s3/1552087/Bike-MS-Waves-to-Wine-Safety-Quiz-2014-copy-February-19-2014

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